Re-thinking family violence risk: Seeing and responding

WOMEN'S REFUGE

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Introduction

We see clients when the violence/risk is the worst it's been

Risk körero can be helpful or harmful



The more we focus on her story – the better our response to risk Is an "assessment" of risk what's needed?



Key points about IPV

- 1. ANY WOMAN MAY BE A VICTIM
- 2. USING VIOLENCE IS ALWAYS A CHOICE
- 3. IPV IS A (GENDERED) PATTERN OF BEHAVIOUR
- 4. VICTIMS ARE NEVER TO BLAME
- 5. VICTIMS ARE ALWAYS RESISTING/DOING SAFETY WORK
- 6. MOTHERS RESIST IN UNSEEN WAYS TO KEEP CHILDREN SAFE
- 7. VICTIMS KNOW THEIR SAFETY & RISK BEST
- 8. LEAVING IS NOT ALWAYS SAFER VIOLENCE CONTINUES AFTER RELATIONSHIPS END
- 9. YOU DON'T NEED THE "FULL PICTURE" TO BE ABLE TO HELP
- 10. HOW YOU RESPOND INFLUENCES WHAT KINDS OF SAFETY ARE POSSIBLE



What is 'risk'?

RISKS OF FAMILY VIOLENCE



RISKS FROM FAMILY VIOLENCE

The risk of strangulation happening again and stopping her breathing

The risk that she has a brain injury that needs treatment

Have they ever choked or strangled you?	YES NO
Have they tracked where you are and what you're doing?	\checkmark
Has this stalking gotten worse in the last month?	\checkmark
Have they forced or pressured you to take out debt?	\checkmark
Have they threatened to have your kids taken away?	\checkmark

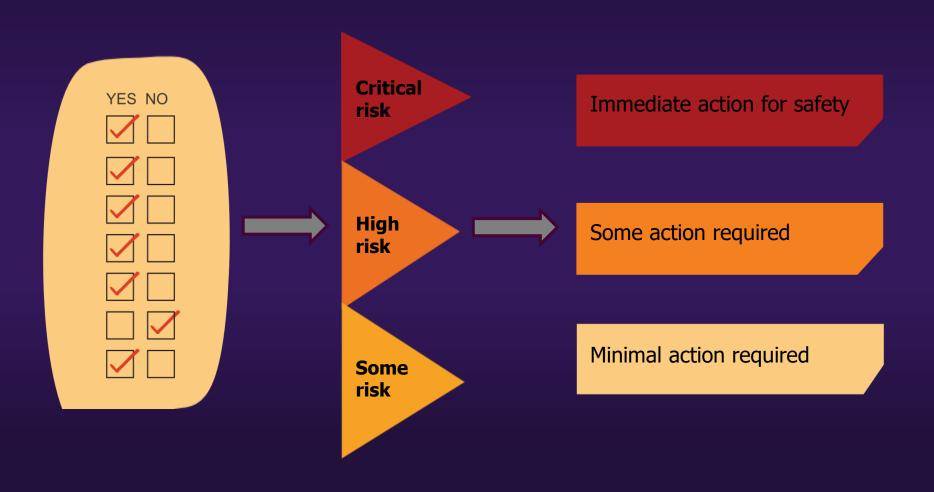
The risk of financial hardship and not being able to buy essentials

The risk that the abuse will continue to escalate and end in homicide

The risk that kids will be taken away from their safe parents



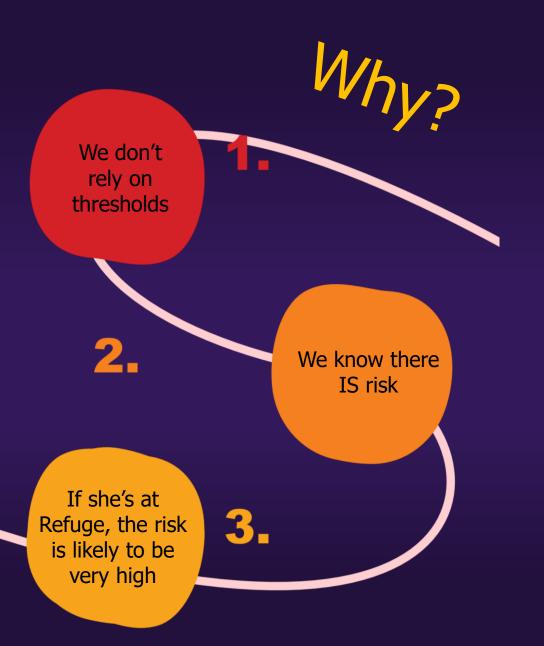
The standard assessment formula





Not fit for **our** purpose







Figuring out what's fit-for-Refuge

A.

Analysed 5000 completed risk assessments

B.

Looked at 10% (500) of risk ratings (some, high, critical) and rationales

C.

Held panel discussions with experienced kaimahi and talked to clients about their experiences

D.

Scanned the research and practice landscape (internationally and in Aotearoa)



At Refuge, risk information rather than risk rating enables safer family violence responses





Fit-for-Refuge means:

Moving away from...

Clinical-feeling 'assessment'

Counting tickboxes

Rating the level of risk

Moving towards...

Listening for what risks are on top for her

Linking these risks to the violence

Matching these risks with advocacy



'Nāhana Tūraru: The Risk to Her'

THE NEW TOOL

The new tool has two forms: The first is 'Nāhana Tūraru' meaning 'the risk to her.'
The second is 'Nāhana Tūraru - review.'

'Nāhana Tūraru - the risk to her'

This is the main risk form used to paint a picture of risk to the client at the beginning of our mahi with them. Nāhana Tūraru includes... A. An overview of the perpetrator's violence and any recent changes to it

The main risk the victim is facing right now

A checklist of the types of violence used

A list of any 'red flags' (indicators of future lethality/severe violence)

E. Links between the kinds of violence used and the kinds of risk hardships, or challenges for the victim now

Recent experiences of violence and whether it is changing

+

Changes to her situation



New, different, or evolving risks

'Nāhana Tūraru - review'

This one is the short version, and can be used when a client changes services, or something new happens in their lives, or if they have been engaged with Refuge for a while.

It is short, to the point, and focuses only on what has changed and what it could mean for her safety.



1. Listening for risk



RISKS OF FAMILY VIOLENCE



RISKS FROM FAMILY VIOLENCE



RISKS OF SYSTEM RESPONSES

Other risks in their minds might be...

The risk they will run out of time and be late to pick up the kids

The risk that Refuge will notify child protection

The risk of someone judging them harshly or blaming them

The risk of written notes making them look bad



2. Writing it down

When we ask about risk from a tick-box question...

YES NO

Hit with an open fist?





This ONLY tells us that...

The perpetrator hit or once or more, sometime in her life

When we hear about risk from her korero...

"I'd know the slap was coming because it always does then. It's like a warning, like back down or you'll be in for it. It's like the first thing he does if I've talked to anyone he doesn't like for whatever reason."

This tells us that...

The perpetrator often hit her as a way of isolating her by controlling who she could talk to and physically hurting her if she did not comply.

AND gives us the information we need to fill out risk paperwork...

YES NO

Hit with an open fist?







3. Acting on it

"Its about my story, so I saw what was written down and I'm okay with it"

We use it in...

Everything we do WITH her (in the moment)



Everything we do FOR her (on her behalf)



"How is she safer and better off now, from her perspective?"



- A Judge acknowledging a perpetrator's risk to his children and prohibiting any unsupervised contact
- A university giving special consideration to a student who would otherwise have failed because of her partner's abuse
- A protection order being approved after the client's lawyer told her it wouldn't be
- ACC reviewing and approving a claim for cover relating to the impacts of family violence perpetrated years earlier
- IRD reversing a \$30K debt a client had because of her partner's economic abuse
- A Lawyer for Child giving a history of the perpetrator's violence in their report to the court
- A client's GP assessing and diagnosing her traumatic brain injury
- Whānau understanding what a victim was dealing with and stepping up to stop her partner using violence against her again
- A client seeing the black and white evidence of her partner's violence, showing her she wasn't crazy the impacts were valid



Ngā mihi nui



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