

FONOFALE MODEL



THE FOUNDATION (FAMILY)

- The foundation of the Fonofale is also known as the floor of the fale
- The floor represents the FAMILY, which is the foundation of all Pacific Island Cultures.
- The family can be immediate family members as well as an extended family or constituted family that are bind by kinship, titles, marriage, partnership or covenant.
- The history and gafa or genealogy is in the foundation/floor/family which ties them to titles, lands, motu/island, sea and to the Gods of the Pacific as well as to other cultures.

THE FOUR POLES

- **SPIRITUAL**
- **PHYSICAL**
- **MENTAL**
- **OTHER**

SPIRITUAL

- Spirituality can be defined in many different ways
- Nature, spirits, language, beliefs, ancestors and history
- Music, books, art
- Christianity
- Yoga, tai chi, karate, dance
- How ever you find enlightenment for you is neither right nor wrong

PHYSICAL

- is the relationship we have with our body
- The wellbeing of your physical and biological body
- Our body is made up of vital organs and fluid that help keep us functioning
- In order to maintain our body it needs to be fed with the good stuff such as; water, healthy foods, good nights sleep, plenty of exercise

MENTAL

- The mental state of our Mind
- Our thought process, the way we think
- Emotions
- How our behaviour are expressed

OTHER

- Gender/Age
- Sexuality/Sexual orientation
- Education
- Employment
- Social status
- Community
- legal

THE ROOF (CULTURE)

- The roof represents our Cultural values and beliefs which shelters our family for life
- Culture is always evolving and adapting.
- In New Zealand, Culture includes those of us who are Pacific and were born and raised in New Zealand as well as, those of us who are Pacific born In the Islands and migrated to New Zealand. Most Pacific families continue to live and practice their particular cultural way of living
- Some Pacific families may lean towards a more Palagi way of living, where they may practice Palagi values and beliefs,
- Others families may live their lives In a both elements of Pacific and Western life style and cultures, however this may in some parts could become challenging for various reasons.

ENVIRONMENT

- The relationships and the uniqueness of Pacific people to their physical environment such as;
- Village life
- City life
- Island life
- New Zealand life

TIME

- Relating to the time of when the event took place, whether it was a time in history or now at present time

CONTEXT

- WHERE?
- HOW?
- WHAT?
- The context can be in relation to Pacific Island raised people or New Zealand raised people.
- Other contexts include country of residence, legal, politics and socio-economics

FONOFALE

